Mint Julep

Made with robust bourbon or brandy.

In a 9-ounce glass, add the following:
Pluck the finer leaves of 2 sprigs of mint and muddle them well enough
in the bottom of your glass, then add 4 seconds of a pour of pure sugared
water, and continue to muddle.

Fill goodly with cracked ice.
1 jigger of bourbon or brandy to taste.
2 brisk dashes of bitters to taste.
Stir it well and garnish handsomely with new mint.

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